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## **Building Motivational Interviewing Skills A**

Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) David B. Rosengren.

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Developing expertise in motivational interviewing (MI) takes practice, which is exactly the point of this engaging, user-friendly workbook. The volume is packed with real-world examples from a range of clinical settings, as well as sample interactions and hands-on learning activities.

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Building motivational interviewing skills : a practitioner workbook / David B. Rosengren. p. cm. — (Applications of motivational interviewing) Includes bibliographical references and index. ISBN 978-1-60623-299-6 (pbk. : alk. paper) 1. Motivational interviewing. 2. Counseling. 3. Interviewing in mental health. I. Title. BF637.I5R67 2009 158 ...

## **Building Motivational Interviewing Skills**

Building Motivational Interviewing Skills: A Practitioner Workbook is an excellent companion-book to second edition) [i.e. MI2] and these two books can be read sequentially or together.

## **Building Motivational Interviewing Skills: A Practitioner**

Motivational Interviewing - a person-centered counseling method for addressing the common problem of ambivalence about

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behavior change Ambivalence – the central aspect of behavior change. It is a natural tendency to balance the pro's and con's of changing a behavior

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Describe skills and qualities necessary for case investigators and contact tracers. Active listening skills, including the use of open-ended questions. Motivational interviewing skills. Course: Making Contact: A Training for COVID-19 Contact Tracers: Effective Communication and Interviews – Lesson 3

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interactions and hands-on learning activities.

## **Building Motivational Interviewing Skills (Applications of**

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Motivational Interviewing (MI) is a way of talking with people about change related to things we often have mixed feelings about - exercise, diet, alcohol and other drug use, relationship issues, risky sexual behaviors, school and job-related concerns, spiritual practices, certain attitudes, and other issues we face in our lives.

## **Building Skills in Motivational Interviewing**

Description: Part of the Applications of Motivational Interviewing series, this book describes the basic tenets of motivational interviewing, beginning with establishing a positive relationship with the client and proceeding through increasing motivation and establishing a plan for change. The first edition was

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published in 2009.

## **Building Motivational Interviewing Skills, Second Edition**

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So it is with great pleasure that we welcome this new edition of Building Motivational Interviewing Skills: A Practitioner Workbook. In it you will find a menu of excellent exercises, whether you are learning MI yourself, teaching it in groups, or supervising practitioners.

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Building motivational interviewing skills: A practitioner workbook. New York: Guilford Press. Steinberg, M. (2011). Motivational interviewing Part 2: An overview of skills and challenging clinical encounters. Diabetes Spectrum, 24(4), 231-233. [Submit a Comment](#) [Cancel reply](#). You must be logged in to post a comment.

## **Motivational Interviewing and Reflective Listening to ...**

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